

Curriculum Vitae  
Erin L. Arnold, MD, FACR

**Practice Address:**

Arnold Arthritis & Rheumatology  
4709 W. Golf Rd, Suite 300  
Skokie, IL 60076  
[earnold@arnoldarthritis.com](mailto:earnold@arnoldarthritis.com)

**Site Affiliations:**

2024-Present  
DJL Clinical Research, PLLC  
431 N Wendover Rd  
Charlotte, NC 28211

**Education:**

2001-2003  
Fellowship  
Dept of Medicine, Division of Rheumatology  
University of California Los Angeles

1996-1999  
Residency  
Internal Medicine  
University of Chicago Hospitals

1992-1996  
Doctor of Medicine  
University of Pennsylvania  
School of Medicine

1998-1992  
Bachelor of Arts, English  
University of Illinois

**Professional Experience:**

2021-Present  
Arnold Arthritis & Rheumatology  
Principal/Owner  
Skokie, IL

2014-2021  
Orthopaedics & Rheumatology of the North Shore  
Managing Partner/MD  
Skokie, IL

2004-2014  
Illinois Bone and Joint Institute  
Partner/MD  
Morton Grove, IL

1999-2000  
Policlinique Medicale Universitaire  
Institut Universitaire de Medicine Sociale et Preventive  
Lausanne, Switzerland

**Certifications:**

2004-Present  
Diplomate, American Board of Internal Medicine - Rheumatology

1999-2010  
Diplomate, American Board of Internal Medicine

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**Professional Organizations:**

- |              |  |
|--------------|--|
| 2003-Present | Member, American Institute of Ultrasound in Medicine |
| 2003-2013    | Member, American Academy of Medical Acupuncture      |
| 2001-Present | Fellow, American College of Rheumatology             |
| 1997-Present | Member, American College of Physicians               |

**Community Service:**

- |              |   |
|--------------|---|
| 2010-Present | LINK -- Financial sponsor and mentor for Chicago inner city teenagers   |
| 2005-2006    | Board Ronal Knox Montessori School, Wilmette, IL  |
| 1997-1999    | Founding Member, The 21st Century Founders' Society:<br>Park Ridge Center for the Study of Health, Faith, and Ethics. |
| 1992-1994    | Cofounder, Teen Mom Mentoring Program,<br>University of Pennsylvania School of Medicine.                              |

**Teaching:**

- |           |   |
|-----------|---|
| 1996-1999 | Preceptor, first year medical students, Introduction to the Patient<br>University of Chicago Pritzker School of Medicine. |
| 1995      | Preceptor, physical diagnosis course for first year medical students<br>University of Pennsylvania School of Medicine.    |
| 1992-1993 | Teacher, Medical Students Teaching AIDS to Students<br>Philadelphia Public Schools, Philadelphia, PA.                     |

**Honors and Awards:**

- |              |  |
|--------------|--|
| 2023         | American College of Rheumatology Distinguished Service Award                               |
| 2017         | Arthritis Foundation Medical Honoree -- Jingle Bell Run                                    |
| 2009-Present | American Institute of Ultrasound Medicine, Certified Accreditation                         |
| 2005         | Chicago Magazine "New Ground Breaking Physicians"  |
| 1996         | Merk Manual Award for Academic Excellence<br>University of Pennsylvania School of Medicine |
| 1988-1992    | Dean's List, University of Illinois  |
| 1990-1992    | Golden Key National Honor Society  |
| 1991-1992    | Alpha Epsilon Delta, Pre-Medical Honor Society   |
| 1989-1990    | Phi Eta Sigma, First Year Honor Society  |

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**Invited Positions:**

- 2023: Spondylitis Association of America (SAA) Board of Directors
- 2022 -Present: Coalition of State Rheumatology Organizations Board of Directors
- 2020: American College of Rheumatology Committee on Nominations and Appointments
- 2017-2020: Rheumatology Research Foundation Board of Directors
- 2016: Rheumatology Research Foundation – Campaign Planning Task Force
- 2016: Course Director/Instructor Population Management for Rheumatoid Arthritis
- 2015-Present: Manuscript reviewer Journal Ultrasound Medicine
- 2014-Present: Manuscript reviewer Arthritis Care and Research
- 2015: American College of Rheumatology Leadership Development Task Force
- 2014: Rheumatology Research Foundation – Foundation Member Champion
- 2012-2014: American College of Rheumatology Mentor for Fellows
- 2014-2017: American College of Rheumatology Communication Committee
- 2013: American College of Rheumatology Musculoskeletal examination reviewer
- 2011-2016: American College of Rheumatology Board of Directors American College of Radiology Liaison, Appropriateness Committee
- 2011-2014: American College of Rheumatology Board of Directors Arthritis Foundation Liaison, Public Affairs
- 2010-13: American College of Rheumatology Board of Directors, Board Member
  - Government Affairs Committee
  - Education and Meeting Committee
  - Rheumatology PAC Committee
- 2004: American College of Rheumatology Annual Meeting Abstract Review Committee.
- 2004: American Board of Internal Medicine Relevance Reviewer, Rheumatology
- 2009: American College of Rheumatology task force ideal practice
- 2009: American College of Rheumatology task force strategic planning committee
- 2008: American College of Rheumatology task force musculoskeletal ultrasound

**Administration:**

2008-2013	Member, IBI Physician Management Committee and Finance Committee
1997	Member, Planning Committee for Gold Foundation Conference on The Barriers to Humanism in Medicine University of Chicago, Pritzker School of Medicine.
1996	Advisor, Committee on Curriculum Revision University of Pennsylvania School of Medicine.
1995	Advisor, Family Faculty (parents of chronically ill children) Children's Hospital of Pennsylvania, Philadelphia, PA.

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Advisory Boards:

2023-Present	Carrier Advisory Committee Representative (CMS) for Illinois
2023-Present	UCB Rheumatology Advisory Board
2023-Present	PCORI grant Stakeholder Advisory Board U. Michigan, RENEW Project
2023-Present	R34 Grant Advisory Board University of Michigan, Department of PMR
2023-Present	Abbvie Advisory Board
2021-Present	Advocate Arora Health Pharmacy and Therapeutics Rheumatology Formulary
2018-Present	Novartis Advisory Board
2016-2018	United Rheumatology, Medical Advisory Board, Guidelines Development
2013-2020	Crescendo Bioscience, Expert Panel
2014-2016	AIM Specialty Health External Expect Panel
2008	Theralogix medical advisory board

Publications:

Refereed:

- **Arnold E., Arnold W., Crump G., Sikes D., Johnson D., Harrington T.** 9 Steps to Transforming Your Rheumatology Practice. *The Rheumatologist*. August 2020, 14(8).
- **Arnold E., Sikes D., Harrington T.** Clinician Burnout and Professional well-being. *JAMA* 2020;323(13):1317-1318.
- **Ike R, Baskaran A, Chao J, Concoff A, Wu C, Sun B, Brion P, Arnold E, Klashman D, Fitzgerald J, Kalunian KC.** Prevalence of crystals in knee osteoarthritis: experience from patients undergoing arthroscopic procedures. *J Clin Rheumatol* 2019Jan;25(1):51-53.
- **Arnold, E. et Al,** Physician Visits Create a Bottleneck in RA Management. *The Rheumatologist* 2015;9:44-46.
- **Ike, R., et. Al,** Ultrasound in American Rheumatology Practice: Report of the American College of Rheumatology Musculoskeletal Ultrasound Task Force. *Arthritis Care and Research* 2010;62:1206-1219.
- **Ike R., Somers E., Arnold E., Arnold W.,** Ultrasound of the Knee During Voluntary Quadriceps Contraction: A Technique for Detecting Otherwise Occult Effusions. *Arthritis Care and research* 2010;62:725-729.
- **Kane D., Bruyn G., Arnold E., Grassi W.** Musculoskeletal Ultrasound in Rheumatology: A Rheumatologist's perspective. *Arthritis Rheum, A&R.*

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- **Arnold E.,** Pencharz J., Grossman J., Traina S., Lal A., MacLean C. Measuring Quality In Arthritis Care: The Arthritis Foundation's Quality Indicator Set for Rheumatoid Arthritis. *Semin Arthritis Rheum.*
- **Arnold E.,** Khanna D., Paulus H., Goodman M. Acute Intra-articular Injection Site Reaction To Intra-articular Etanercept Administration. *Arthritis Rheum* 2003;48:2078-79.
- **Arnold E.,** Blank L., Race K., Cipparrone N. Can Professionalism Be Measured? The Development of a Scale for Use in the Medical Environment. *Acad. Med.* 1998 Oct, 73(10): 1119-21.
- **Erin Arnold.** Great Expectations – The Promises and Problems of Gene Therapy Today. *The American Journal of Ethics and Medicine* Spring 1996:26-27.
- **Erin Arnold.** Relevance of John Donne to Medical Career Preparation. *The Pharos of Alpha Omega Alpha* 1993;56(3):33-35.

Invited:

- **Arnold E.L.** and **Arnold W.J.** Correspondence – Use of Glucosamine and Chondroitin Sulfate in the management of Osteoarthritis. *JAAOS* 2001;9(5)
- **Arnold E.L.** and **Arnold W.J.** Prayer and Spirituality. *Physicians' Information and Education Resource (PIER) Project.* American College of Physicians – American Society of Internal Medicine.
- **Erin Arnold.** I Will Never Forget Toxic Shock Syndrome. *Caring for the Dying: Identification and Promotion of Physician Competency.* American Board of Internal Medicine 1996-2000.

**Abstracts/Presentations at Meetings:**

**Arnold W., Johnson D., Arnold E.** Rheumatoid Arthritis Practice Performance (RAPP) Project at 6 years: Population Medicine (POP MED) Principles and Treat to Target (T2T) Care Yield Dramatic Improvements in both Outcomes and Access for RA Patient and Productivity for Rheumatologists. *ACR Annual Meeting Poster Presentation, Virtual, 2021.*

**He E., Yalamanch P., Arnold W., Arnold E.** An Investigation of the Relationship between Patient Reported Outcomes and Biomarkers in a Community Rheumatology Practice. *ACR Annual Meeting Poster Presentation, Virtual, 2020.*

**He E., Yalamanch P., Arnold W., Arnold E.** Assessment of the Components of RAPID3 Patient Reported Outcomes in a Community Rheumatology Practice. *ACR Annual Meeting Poster Presentation, Virtual, 2020.*

**Gadehold O., Arnold E., et al .** Correlation between cytokine levels and power-doppler ultrasound Activity is BMI dependent and different in ACPA positive and ACPA negative RA with Wrist arthritis. *ACR Annual Meeting Poster Presentation, Chicago , IL, 2018.*

**Arnold E., Arnold W.** MSK US in Rheumatology: Diagnosis and US guided interventions. *American Institute of Ultrasound Medicine.* New York, NY, August, 2005.

**Arnold E., Arnold W.** The Emerging Use of Ultrasonography in the Clinical Practice of Rheumatology. *American College of Rheumatology Annual Meeting, San Antonio, TX, October, 2004.*

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**Arnold E., Arnold W.** Introduction to Musculoskeletal Ultrasonography in Rheumatology; A Patient-Centered Approach. Florida Society of Rheumatology Annual Meeting, Orlando, FL, June, 2004.

**Arnold E.** Musculoskeletal Ultrasonography and Ultrasound Guided Interventions. American College of Rheumatology Scientific Meeting, Chicago, IL, April, 2004.

**Arnold E.** Musculoskeletal Ultrasonography and Ultrasound Guided Interventions. 1st Annual Women Leading Rheumatology Conference, Seattle, WA, March, 2004.

**Arnold W., Arnold E.** Musculoskeletal Ultrasound; Perspective from the USA. American College of Rheumatology Annual Meeting, Orlando, FL, October, 2003.

**Arnold E., Blank L.** Professionalism: A Pilot Project on Perceptions of Medical Students and Internal Medicine Residents About the Educational Environment. *Journal of General Internal Medicine*. April, 1996;11(1):95.

**Erin Arnold.** A Survey of American Medical School Students and Internal Medicine Residents' Perceptions of Professional Attitudes; A Presentation of Final Data. American Association of Medical Colleges Annual Meeting, San Francisco, C.A., November, 1996.

**Erin Arnold.** A Survey of American Medical Students' Perceptions of Professional Attitudes; A Presentation of Preliminary Data. American Association of Medical Colleges Annual Meeting. Washington, D.C., October, 1995.

**Erin Arnold.** The Apple Doesn't Fall Far From the Tree. Multi-cultural Programs, The Board of Overseers of the School of Medicine, University of Pennsylvania, Philadelphia, P.A., 1995.

**Erin Arnold.** The Apple Doesn't Fall Far From the Tree. American Association of Medical Colleges Annual Meeting, Boston, M.A., 1994.

**Textbook Chapters:**

**Arnold W.J. and Arnold E.L.** Arthroscopy. Kelley Textbook of Rheumatology 7th Edition.

**Arnold E.L. and Arnold W.J.** Complementary and Alternative Therapies. Primer on the Rheumatic Diseases 12th Edition. Atlanta, Georgia, Arthritis Foundation, 2001.

Contributing Author, Housestaff Handbook of Primary Care Medicine; Alzheimer's Disease, Bell's Palsy, Parkinson's Disease, Stroke/TIA, Tremor, Trigeminal Neuralgia, Vertigo

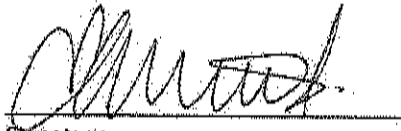
**Research Experience:**

University of California, Los Angeles, Department of Medicine Division of Rheumatology. Arthritis Foundation Quality Indicator Project. Developed Quality Indicators for the assessment and treatment of Rheumatoid Arthritis based on current guidelines, reviews and expert opinions. Systematic literature searches were performed for each proposed indicator and summarized in formal reviews. Presented to NCOA, JCAHO, NQF, CDC, and others. Indicator Development Team Leader Catherine MacLean, M.D., Ph.D.

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University of Pennsylvania School of Medicine and American Board of Internal Medicine (ABIM).  
Independent research project surveying medical school students and Internal Medicine residents in  
order to develop a scale to measure Professionalism. With Gail Morrison, M.D., Vice Dean of Students,  
University of Pennsylvania, and Linda L. Blank, Vice President for Clinical Competence and  
Communication, ABIM.

My signature verifies the information in this document is accurate and updated appropriately.

  
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Signature

7/23/24  
Date

